

Lehmann House Bed and Breakfast



The Best Kept Secrets Of Saint Louis

Your Essential Guide to The Saint Louis Area

By Marie Davies

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Welcome to ***The Best Kept Secrets Of Saint Louis***, where you'll find many essential tips on what you absolutely need to know when planning your next trip to St. Louis, MO.

Hello! I'm Marie Davies and I am the owner at Lehmann House Bed & Breakfast, in historic Lafayette Square. We are in the heart of Saint Louis, Missouri, "in the center of things to do". Over the last 32 years, we have welcomed guests from all over the world and we look forward to welcoming you, too, very soon.



Marie Davies & Brian Heckroth

This guide is designed to help you get the most out of your trip to St. Louis, so here's what you'll find inside:

Table of contents and a short description:

1. **Which sites** are the best ones to visit?
2. **One day only in St. Louis** – what to do?
3. **St. Louis Has the Best Beer** – the best microbreweries in the Midwest
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5. **Getting around** – what you need to know

6. **What If I Don't Have a Car?**—you still have options!

A Few Things To Note When Travelling To St. Louis in 2021,

- Because of COVID, currently all venues will require you wear a mask.
- Any public place, such as stores, gas stations, restaurants (except while eating), etc. will require a mask.
- Any venue that was previously free to the public is still free but will require reservations.
- All other venues, not designated as “free” will still have their regular ticket price, but reservations are also now required.



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Which Sites Are the Best to Visit?

Depending on how much time you have to visit, the time of year, and/or whether you like to be inside or outside, there is much to do in St. Louis. And thanks to the foresight of our inn's namesake, Frederick W. Lehmann, all city owned venues, as noted below, are free to the public.

Just a few miles from us, located in St. Louis' Forest Park, is the **Saint Louis Zoo**, consistently voted the best zoo in the country—and it's free! The zoo was established in 1904 as part of the 1904 St. Louis World's Fair. The flight cage is an original element built in the zoo for the Worlds' Fair.



For more information on the **Saint Louis Zoo**, [CLICK HERE](#)

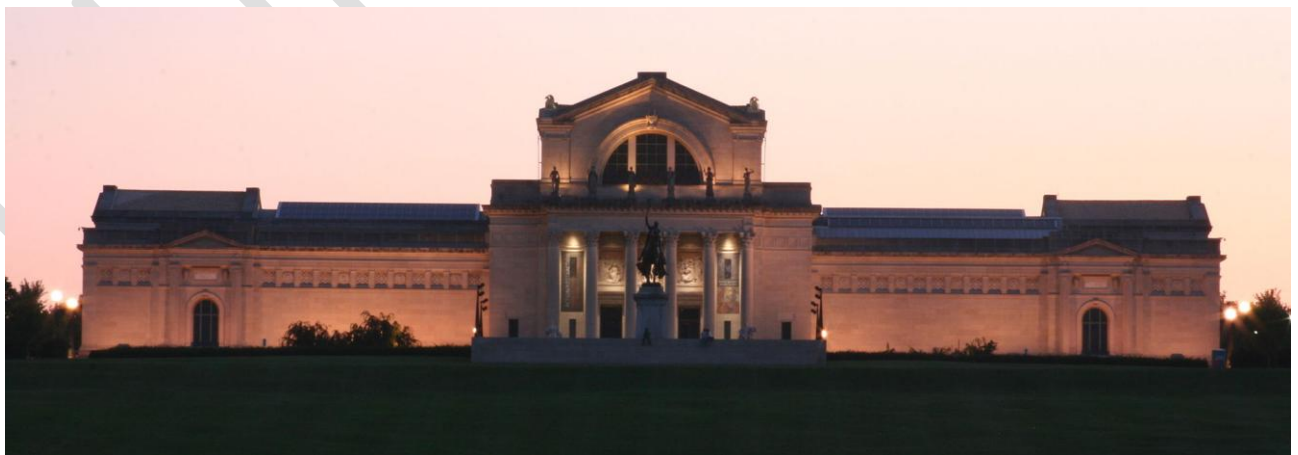
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Also, just a short distance away, is the world renowned, **Missouri Botanical Gardens**, formerly known as Shaw's Gardens. Founded in 1859 by Henry Shaw, it's one of the oldest botanical gardens in the US, a National Historic Landmark, as well as on the National Register of Historic Places.



For more detailed information on the Missouri Botanical Gardens, [CLICK HERE](#).

Another gem of our town is the **Saint Louis Art Museum**. It's one of the principal art museums in the US, with paintings, sculptures, cultural objects and ancient masterpieces from all over the world. Also, located in Forest Park, "next to" the Saint Louis Zoo, it, too, is free to the public.



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For more information on exhibits and events the Saint Louis Art Museum, [CLICK HERE](#).

Another favorite of mine *and* many of my guests, is the **Missouri History Museum**. And, like all other venues in Forest Park, it is free to the public. [CLICK HERE](#) for current exhibits and events.



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No visit to Saint Louis would be complete without a visit to the iconic **Gateway Arch National Park**, its museum and the Old Courthouse Museum. For a full description of all you can see and do, [CLICK HERE](#).



And for something completely different, you must make time for the **City Museum**. [CLICK HERE](#) for the full scoop on this indescribable "museum"!

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Miss the ocean? Then set aside a few hours to visit the new **St. Louis Aquarium** located inside the historic St. Louis Union Station. It's only 1.0 miles from us, and indoors. If travelling with children, there are hands on activities, guided by the staff, to introduce kids to aquatic life, and plenty to engage the adults, too. It's best to purchase your tickets online, to select the time you want to go. Masks are required.



2. Only One Day in Saint Louis? . . . What should you do?

As you can see, you really need more than a day to take in the best of what Saint Louis has to offer. You should consider an extra day or two to enjoy it all. But if you really only have one day, I'd pick one indoor venue—the Saint Louis Art Museum, [Saint Louis Science Center](#) or the City Museum, and one outdoor venue—the Saint Louis Zoo or the Missouri Botanical Gardens. All of these are very close together, any two easily done in a day.

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The St. Louis Zoo



The City Museum

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3. Saint Louis Has the Best Beer . . . in the Midwest

Everyone knows of Anheuser-Busch, a major brewery since the 1850's. But Saint Louis is also home to dozens of microbreweries, many of which are within a few miles of us. [CLICK HERE](#) for a full list of the best breweries.



4. Where to Eat in Saint Louis? . . . Our favourite restaurants

You will not go hungry during your stay here! Whether it's the Italian food Saint Louis is known for, good BBQ, diner food, pizza, or food from around the world, Saint Louis has a nearby restaurant for you! For our favourites, [CLICK HERE](#)!



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5. Getting Around . . . What you need to know.

Saint Louis has the unique distinction of no matter where you are you are no more than 20 minutes from where you plan to go next. We are nestled between four major interstates: I-44, I-55, I-64 and I-70. Whether you use a car, public transportation or walk, it's very easy to get around to the main tourist attractions. For driving directions, [CLICK HERE](#).



6. What if You Don't Have a Car? . . . You still have options!

If you're flying in, you can take the MetroLink light rail EAST to within a mile of here, to the *Union Station* stop. From there you can take a cab or walk, it's about 1.0 miles, a 15-20 minute walk.

If you come in by Amtrak, which is across the street from Union Station, there are always cabs out front when you depart the station, or it's about a 15-20 minute walk. Be sure to cross to the west side of 18th street, to walk it to here, to access the sidewalk and cross bridge.

Some guests will walk into downtown. Some guests will travel here with their bicycles (Amtrak and Greyhound permit this) and use their bicycles to get around.

Once you're here, getting around anywhere downtown or within the city is

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doable by public transportation, cycling or walking. For more information on how to do that, simply [CLICK HERE](#).

Hi,

I hope that you've enjoyed reading this, and that I've inspired you to come and visit Saint Louis. Please do take a look at our website by [CLICKING HERE](#)

I'm looking forward to welcoming you to your home away from home, here in Saint Louis, and of course, if you have any questions, I'd love to hear from you.



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Frederick's Room



Worlds' Fair Room



Maids' Room



Judge Sears Room



John Stark Room